

# VILA VITA

## EXPERIENCES







Where iconic red rising cliffs and lush sub-tropical gardens meet sparkling seas, VILA VITA Parc is perfectly placed to present an array of experiences that immerse you in the vibrant colours and flavours of the Algarve.

From adventures in the deep blue, to hands-on cooking or art activities, to complete relaxation in the immersive sanctuary that is VILA VITA SPA by Sisley Paris, the choice is yours and the options are endless. Learn and experience, get active and energized, or simply sit back, all the while surrounded by views of the Atlantic and the luscious subtropical gardens of VILA VITA Parc.

At VILA VITA Parc we will help you fill your holidays with experiences and stories that will stay with you long after you leave us and will have you coming back for more. We will be creating memories filled with emotions, smells and senses, tailored to your needs and wants.

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# *More than Dining*

Food has the ability to bring people together in a way few things in this world do. It can reveal volumes about personality and culture and is one of those pleasures that people pride themselves in indulging in. Are you a foodie? Become an expert.









# *The Culinary World of VILA VITA*

With a total of six bars and eleven restaurants, ranging from casual beachside dining to rustic Portuguese plates, to one-of-a-kind gastro-creations at our two Michelin-starred restaurant, diversity is key to the resort's culinary philosophy. Flavours span the globe, from sun-drenched Mediterranean produce to clean and crisp Japanese cuisine. An impressive wine cellar – stocked with more than 11,000 bottles – ensures the perfect accompaniment wherever you dine.



## Cave de Vinhos Wine Tasting & Dining Experiences

Located about 8 metres underground, our impressive Wine Cellar reveals an intimate and unique atmosphere. It hosts over 11,000 wine bottles from different regions in Portugal and from all over the world. Our well-versed sommeliers guide you through the nuanced flavours of various wines!



## Culinary School & Bar Masterclasses

Enjoy and have fun with hands-on recreational cooking classes, from traditional cataplana to Japanese Teppanyaki, designed for the Home Chef. Indulge in truly unique bar masterclasses that blend the best drinks and gourmet produce from all around the globe.

- *Teppanyaki Masterclass & Sake Tasting*
- *Asian Cooking Class*
- *Chocolate Lovers Workshop \**
- *Cataplana Cooking Class \**
- *Traditional Bread Making Class \**
- *Le Petit Chef – Pizza Class \**
- *Barista Brew Masterclass*
- *Cocktail Masterclass*
- *Bar Tastings: Spirits & Craft Beers*



## Local Fish Market Tour & Lunch

Prepare to savour the freshest catch you have ever cooked! Select your fish directly at a local fish market, learn how to shop for the best quality of fish and prepare them with the VILA VITA Parc Chefs!

## For Cigar Aficionados

Cigar aficionados can enjoy unique and exclusive cigar experiences at the elegant Habanos Terrace at Oasis Bar. Let our expert bar staff pair the right one for you with one of our famous barrel-aged cocktails.

A person is shown from the waist down, sitting in a meditative pose on a large, dark, wet rock. The background is a dense, lush green forest with many leaves, creating a soft, out-of-focus bokeh effect. The lighting is natural, suggesting a daytime setting in a shaded forest.

# *For the Body & Soul*

Indulge yourself. Attract what you expect, reflect what you desire,  
become what you respect and mirror what you admire!





# *A World of Pampering*

Recharge, revitalize, find time for yourself. Your body is your biggest investment that you will ever make in your life. Your mind is a powerful thing, when you fill it with positive thoughts, your life will start to change. Care for it by pampering yourself in all senses!

## VILA VITA SPA by Sisley Paris

Our state-of-the-art spa is a collaboration with the iconic French skin-care brand, Sisley Paris. A top-level sanctuary of wellness where guests are cosseted from the stresses and strains of the outside world, the spa presents a range of treatments, many of which incorporate products featuring botanical extracts and essential oils. Relax with a pore-tightening facial, a toning body treatment or a medical-grade pedicure from legendary podiatrist Margaret Dabbs. For an ultra-relaxing experience, try the exclusive Spa Wave or the Wellness 4D massage beds.

*Consult our Spa Menu for more information.*



## VITAL Wellness ✨ Programmes

Vital is a symbol that represents our commitment to create a health and wellness concept that flows harmoniously throughout each VILA VITA Parc experience. The Vital Wellness Programmes offer guests a chance to engage in fully immersive services of carefully curated wellness enhancing activities throughout the day that focus on both mental, emotional and physical wellbeing.

*Teen Wellness Programmes are also available. All programmes are exclusive for our guests.*



## Yoga & Meditation \*

We can't control what goes on outside, so learn how to control what goes on inside with our yoga and meditation classes, for adults and kids. Classes of Aerial Yoga, Power Yoga, Yin & Yang Yoga, Vipassana & Mindfulness Meditation, Chakra Meditation, Yoga Wheel Session and Yin Yoga can be booked for private or group lessons, most of which can be performed outdoors in our gardens.



## Me Time Experience

Everyone needs a little “me” time. Embrace the pampering, let us take care of you, and discover the new you. Discover our Spa services and La Biothétique Hair Spa Salon, where we take care of you from head to toe.

## V-Style Shopping Experience & Fashion Advisor

Personalize your shopping experience with the help of our very own fashion advisor bringing you a sophisticated collection tailored to your taste.





A scenic view of a cliffside overlooking the ocean under a clear blue sky. The cliff is composed of light-colored, eroded rock with some sparse vegetation on top. The ocean is a deep blue, and the sky is a clear, bright blue.

# *Keep Moving*

Make the most of fantastic sports facilities and get active. Whether you are looking to work on your swing on a championship golf course, go on a cycling excursion or play some tennis, we have the perfect active holiday for you.

## *The Algarve, an open air playground*

Challenge yourself to a tennis match or any other sport, such as basketball, football, biking, volleyball, badminton or handball, all available on property. Take the opportunity to enjoy a round of golf and experience why the Algarve is referred to as “a golfers’ paradise”.



### **Personal Training & Coaching** \* ✦

A holiday is an opportunity to start a new sport or receive specialist classes to improve your sports performance. Here you can stay in shape or even improve your fitness level with personalized private sessions including golf, tennis, swimming, Pilates, aqua fitness, fitball, TRX training lessons and more.

### **Guided Bike Tours** \* ✦

Explore the surrounding with our city bikes, either the traditional way or electric. Enjoy the natural parks such as Salgados or join a more testing guided expedition around our mountains.





## Resort Golf \* ✦ Facilities

For relaxed fun and enjoyment, try our 9-hole Pitch & Putt and the 18-hole Putting Green. Our golf teacher can provide individual and group lessons covering the practical and theoretical aspects of the game, with coaching sessions taking place either on the resort course or at one of the other golf courses in the vicinity.

## Algarve Golf \* Courses

The Algarve is a true heaven for golfers from all over the world. Boasting over 36 golf courses spread throughout the region and a mild climate that offers sun practically all year long, the difficult part is only choosing the one that suits you the most.

A serene beach scene with waves crashing onto a sandy shore under a clear blue sky. The waves are a vibrant blue, and the sand is a light, warm tone. The sky is a clear, pale blue, suggesting a bright, sunny day. The overall mood is peaceful and inviting.

# *Fun for All*

A vacation is an opportunity to tighten those family bonds through shared experiences and to create enduring memories that your kids will still recall when they themselves are parents.





# Family Experiences

At VILA VITA Parc, we welcome families with open arms, offering a programme of child-friendly activities that will please all ages, from tots through to teenagers. From sea life exploration to family yoga sessions to young palate-pleasing children's menus, we can tailor your experiences to your family's particular interests.



## Natalie's Crèche ✨ Annabela's Kids Park Teens Club

VILA VITA Parc makes sure that your children and teenagers are entertained throughout your entire stay with a multitude of fun and educational activities, allowing kids to expend some of their energy on the slides, swings and trampolines of the adventure playground or by taking part in arranged sports games within the resort, before getting creative during painting and baking sessions in our versatile playroom.

## Theme & Water Parks

For a day filled with thrills and fun spent in laughter we are happy to recommend many kid-friendly water and amusement parks in Algarve. Discover the Algarve's adventure parks with treetop activities, water slides and paintball activities, and the biggest Sand City in the world! Or travel to the "center of the earth" where a rock salt mine lies 230 meters underground!

## Dolphin Emotions at Zoomarine

Live moments of tenderness and affection with a magnificent species at Zoomarine, a fabulous family marine theme park with dolphin and seal shows, water slides, wave pool, and much more! Zoomarine is the only place in Europe where you can spend quality time in the water with dolphins.



## Le Petit Chef ✨ Cooking Class

A hands-on opportunity for your children to learn how to prepare and bake their own custom-made pizza.



## Family Photo Shooting ✨

Why not give yourself a special treat and make a normal day into something worth remembering? With a professional photographer, you'll have the ability to create any sort of sentiment you want, with the liberty to simply go with the flow and have fun taking pictures in beautiful VILA VITA surroundings.

## VILA VITA ✨ Mini Golf

Big and little ones for sure won't miss our fun 18-hole mini golf!

A tropical resort scene featuring a swimming pool, lush greenery, and a white curtain in the foreground. The pool is surrounded by a concrete deck and a well-manicured lawn. In the background, there are dense tropical trees and a clear blue sky. A white curtain is tied back on the right side of the frame, framing the view.

# *Time for Two*

Make courtship a way of life by dreaming  
without fear and loving without limits.  
Fall in love with each other all over again  
at VILA VITA Parc.





# *Unforgettable Moments à Deux*

Let us make your dreams come true. Our experienced, creative team of wedding and event specialists will take care of everything from start to finish, but, most of all, we take care of you. Creating a day that will linger in your memory for a lifetime.



## **Wine Passion**

Happiness is like a kiss; it can only be fully experienced when shared with that special someone. Experience a truly romantic dinner at our Wine Cellar.

## **Under the Stars**

An exclusive dining experience at one of our retreats in our beautiful gardens facing the ocean at sunset.



## Picnic Date

In a romantic corner prepared by us, enjoy the mesmerizing Algarve sunsets; a combination of cliffs and colours that is simply magical!

## Sunset Cruise on VILA VITA Yacht

Discover the Algarve from a different point of view and fill your romantic dreams with colours borrowed from our sea and sunset. Our Executive Chef on board can enrich your evening with an unforgettable dining experience aboard!

## Classic Car Tour

Revel in the fascinating feeling of being driven in style in a classic car through dreamy landscapes with sea views, country roads in tiny villages, and live it la dolce vita way for one day.









# *Sea Emotions*

With a face full of sea air, a fist full of warm sand and a splash of salt water on your skin, you remember who you are. The sea has the power to clean the soul and spirit. Discover our coastline from the sea, above and below the surface!

# *Above Water*

Embracing its flawless coastal surroundings, the Algarve provides you with an extensive selection of water activities that will take you both above and below the surface.

## **Private Cruise aboard \* VILA VITA Yacht**

There is nothing more exclusive than a day out at sea to admire the beautiful Algarve coast from a different perspective with the VILA VITA Yacht and its friendly crew.

## **Cave Trips \***

The Algarve coast is home to some of the largest and most impressive marine caves in Europe and due to the calm seas here we can venture into them safely. Boat trips to famous caves, such as Benagil, and a guided tour – everything you need for a sea-faring day of adventure. For an extra special experience, book our exclusive small boat tour directly from the resort's beach.

## **Boat Rentals \***

There is a big range of sleek boats docked in ports nearby. You can choose to rent your own motor boat, luxury catamaran or sailing yacht and set sail to fulfil your dream trip, accompanied by friends and family.



## **Wild Dolphin Watching \***

Feel the thrill of the wind in your face while gliding across the glistening Atlantic Ocean in search of the beautiful bottlenose dolphins or even different species of wild life, before gently settling amongst the pods to watch them dance and play in their natural habitat.

## **Water Sports \***

Our destination offers you the perfect conditions for all water sports, from water skiing or parasailing to flyboard. Sea kayaks and SUP tours are the perfect vessels to enjoy our coastline and workout at the same time. Take a Jet ski or sail on board of our laser, there are fun activities for all experience levels and ages.



## Riding the Waves \*

Our region has some of the best waves, ideal for surfing, and necessary winds and spots to enjoy kite surf and windsurfing. Whether you're learning how to surf, or just looking to improve your technique, this is the perfect location for you.

## Big Game Fishing \*

If you're considering the big game fishing adventure, then the Algarve is the paramount spot on mainland Europe. In the Atlantic Ocean's rich waters, you will fish in style, aboard a fishing charter. Reef Fishing is lots of fun for all the family and is a cool way to spend a half day. There are numerous reefs and great fishing spots within easy reach ensuring that you can spend more time fishing and less time travelling.

## River Cruises \*

Explore the beautiful Ria Formosa Natural Park taking a boat along the river canals and stopping at the magnificent islands and sandbanks. Or simply slide on a solar boat on the Arade river toward historical Silves admiring the almond blossom and birdsong along the way. A one-of-a-kind must-see excursion!

## *Below the Surface*

Observe the impressive colours of the Algarve's underwater world, full of life and undiscovered charms.

## Snorkelling & Diving \*

Take the opportunity to get your diving course or for the experienced diver, feel the amazing thrills of diving in to the Ocean Revival Underwater Park, the biggest artificial underwater park in the world with the sunken ships and natural reefs or visit the largest low-surface rocky reef in Portugal, right in front of our resort.





*Feel the  
Adrenaline*

They say the journey matters more than the destination.  
Let us help you fill your journey with adventures and  
discoveries because life begins when we step out of our  
comfort zone.





RACING SCHOOL

Hertz

DAVANTI TYRES  
LEADING THE WAY

PORSCHE  
GT3

DAVANTI TYRES

# *On the Ground*

Make your heart race with exhilarating experiences on roads, racetracks, and off the beaten trails.

## **Racing & Driving \* Experiences**

Get behind the wheel of some of the most beautiful, powerful and exhilarating cars in the world and test your driving skills at the Autódromo Internacional do Algarve (AIA) Racing School or organize a private exiting Go-Kart competition for your family and friends at the Kartódromo next door!

## **Jeep Safaris, Quad & \* Buggy Tours**

Discover Algarve off the beaten track hopping on a quad bike or buggy! A jeep tour will provide you both adventure and discovery.

## **Experience on Two Wheels \* Motorbike Rentals & Tours**

Ever dreamt to drive a Harley Davidson or try a sidecar? Algarve countryside has incredible roads for lovers of two wheels. There are roads with little traffic, that cross impressive landscapes, whose curves are drawings between places full of culture and flavours.



## **Tree & Rock Climbing \* Cliff Jumping**

Live a unique and totally natural climbing experience and challenge yourself to climb trees and rocks with varying difficulties and heights, and jump off cliffs into blue waters.

## **Paintball & Archery \***

Whether for competition or just fun, have the best time safely between friends or family.



## *In the Water*

A high-speed adventure that the whole family will love!

### **Speed Boat Tours** \*

Feel the emotion of the unique and radical maneuvers that only this boat can provide you and be prepared to have fun and get wet while enjoying the view of the picturesque southern coast of Portugal.



## *In the Air*

Flying is the best way to see something on a large scale, especially if you want to see the beautiful coastline and landscape of the Algarve! You won't miss the options: helicopter, gyrocopter, airplane or paramotor. Feel the thrill by booking experiences like a paragliding, parasailing and more.

### **Hot Air Balloon** \*

Glide over the majestic Algarve and Alentejo in a gorgeous hot air balloon for an exceptional experience to be cherished forever.

### **Sky Dive** \*

The Tandem Skydiving jump is one of the most popular skydives, ideal for those who have never jumped before. Experience this unforgettable adventure!

### **Zip Line across two** \* **Countries**

A unique experience crossing over the River Guadiana from Spain to Portugal on the first cross-border zip line in the world. Along the 720 metres joining the two countries users cross over the river at speeds between 70 and 80 kilometres per hour, literally flying through time and gaining one hour because of the time zone change between both countries.





An aerial photograph of a beach with turquoise water and people. The water is a vibrant blue-green, and the sand is a golden-brown. Several people are scattered across the beach, some standing and some sitting. There are colorful umbrellas and beach gear visible. The overall scene is bright and sunny, suggesting a warm, pleasant day at the beach.

# *The Algarve that Inspires*

The journey continues beyond our walls. The Algarve is a cornucopia of adventure, culture, natural beauty and gastronomy. For families, solo travelers or couples alike come and play, laugh, marvel, lean and eat your heart out in the region that we call home.

# *Art Beats*

There's more to the Algarve than beaches and golf, such as the region's lively art scene that adds yet more colour to the already vibrant place. Traditional art and craft forms practised by the local people over the course of many centuries have become threatened, and in some cases disappeared in times of global competition and economic crises. However, the craftspeople of the 21st century have found ways to revive and promote this intangible heritage that remains relevant and welcome in these modern times.



## **VILA VITA Private \* Art Classes**

Discover your artistic talent while immersing in the VILA VITA Parc idyllic scenarios of blue skies, green nature, golden sun and sand, with private art classes in our grounds.

## **Local Arts & Crafts \* Workshops**

Run by local artisans, these practical sessions enable you to delve into the local culture by learning its crafts and traditions. Workshop themes include pottery & tile painting, palm weaving, making cold soups, silk screen printing, contemporary jewellery-making and graphic design. There are also various artistic residences available for those wanting more than a few hours' instruction.



# Culture *Vultures*

Celebrating centuries of rich culture and history from the Phoenicians, the Carthaginians, the Romans and the Arabs. Each unique and fascinating and each leaving behind traces, still visible today in the architecture, gastronomy and name of the place.



## Our Curated \* Cultural Tours

The Algarve is today an open-air museum: Silves, Faro, Tavira, Sagres, Lagos, Portimão, Ferragudo, Carvoeiro. Let us share our passion for the Algarve with you. Explore the region on board our luxury vehicles with the care and attention of our professional drivers to discover some of the region's most iconic locations.

## Explore the \* Unknown Algarve

Our region produces great wines, olive oil, honey, cork items, oysters, salt and much more! We can recommend you interesting farms and producers to visit, taste and experience! Book a food and "petiscos" tour, pick up the sweetest oranges in the world or walk into snow white salt pans and swim in a "dead sea".

## Herdade dos Grous \* Excursion

About 1h30m in the direction of Lisbon is our wine estate and working farm supplying the resort with fine vintages and fresh organically grown produce. Enjoy the most spectacular views and countryside while appreciating a rustic picnic by the lake or learning about how the local specialties are made with a farm-to-table experience at the restaurant. A day at Herdade dos Grous can be frivolous fun, fine dining or even fabulous detente.

# *Keep it Nature!*

Discover a completely different Algarve – nestling in its green and peaceful hinterland are traditional villages and spectacular landscapes ready to be explored. Discover the laid-back Algarve.



## **Horse-Back Riding \* Donkey Rides**

Explore the beautiful landscapes of the countryside on horseback or just ride off in the sunset like stars in the movies do. Enjoy horseback riding classes at the nearby equestrian centres, or hack for a few hours with a guide on the Algarve countryside. Experience also the donkey rides and help the Algarve save these gentle creatures from extinction.

## **Birdwatching \***

A great outdoor experience that lets you discover the Algarve in a unique way. Right at the confluence of three distinct bioregions (North African, Mediterranean and North Atlantic) and migratory paths, the Algarve is one of the most interesting regions of the country for the practice of bird watching with close to 400 species throughout the year.

## **Hiking, Walking \* & Cycling Tours Via Algarviana**

From East to West discover the Algarve's true colours and scenic routes on two wheels or on foot. The Via Algarviana is a Great Pedestrian Route with a length of 300 km that crosses the interior of the Algarve, between Alcoutim and Cabo de S. Vicente.

## **Seven Hanging Valleys \* Guided Tour**

Elected as one of the very best hikes in Europe, this scenic clifftop route runs from Praia da Marinha in the east to Praia de Vale Centeanes in the west. Among others, it offers a string of notable stops at the Alfanzina lighthouse, and at the Benagil and Carvalho beaches.



### *Terms and Conditions*

- All reservations and services are subject to availability and require advance booking. For more information and reservations, please contact: [customerservice@vilavitaparc.com](mailto:customerservice@vilavitaparc.com)
- Some experiences are seasonal and/or require a minimum number of persons to operate.
- Packages are unbreakable and unused services are not refundable.
- Certain experiences are available only for our guests. Please check for special offers on accommodation.
- Rates, conditions and cancellation policy are informed accordingly to each experience / service at the time of booking.



VILA VITA PARC



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